



Eden Runners invite you to the 11th running
of this scenic race in the heart of the Lake
District



Sunday 4th March 2012 11.30 am

The Haweswater Half follows an out and back course from Bampton Village (9 miles S of Penrith, 4 miles W of Shap) and passes along the shores of Haweswater in a remote and dramatic mountain valley. The hilly course offers an exhilarating run in unique surroundings.

DETAILS

£12 UKA affiliated

£14 unattached

£15 on the day (limited numbers)

Closing date 24th February 2012

Enter online at www.ukresults.net or by filling in the form below.

Send completed entry forms to: Haweswater Half Marathon, c/o UKResults, 1 Sutton Street, Blackburn, Lancs BB2 5ES

For all other enquiries e-mail Julia: joolsk@btinternet.com

Cheques payable to Eden Runners. Please enclose an A5 SAE with correct postage!

All competitors receive a New Balance discount voucher and a race memento.

Prizes: 1st, 2nd, 3rd Male & Female, 1st V40, V45, V50, V55, V60, V65 and V70 Male and Female.

For more information, including directions, parking and accommodation for the race, visit www.edenrunners.co.uk

See www.edenrunners.co.uk for Junior Race details (entries on the day only).

Held under UKA rules, NoEAA permit applied for, distance certified accurate.

**Limited parking
on-site: please lift
share if you can!**

ENTRY FORM

Name: _____

Age on race day: _____

Address: _____

Male/Female: _____

Tel: _____

UKA Reg. Number: _____

Date of Birth: _____

Club: _____

E-mail address _____

I hereby declare that I am an amateur according to UK Athletics rules and am 17 years or over. I enter at my own risk and will not hold the organisers or sponsors liable for any damage or injury caused by my participation.

Signed _____

Date _____