

Position	Actual Time	Race No	Surname	First Name	Club Name	Category
1	00:32:14	551	Aspinall	Michael	Tipton Harriers	
2	00:34:50	422	Allen	Matthew	Royston Runners	V40
3	00:35:53	544	Greaves	Tom	Warrington RC	
4	00:36:35	557	Muller	Paul	Horwich RMI	V55
5	00:37:09	503	Venables	Alex	Red Rose Road Runners	
6	00:37:23	477	Parkinson	David	Red Rose Road Runners	V50
7	00:37:30	425	Barnett	Garry	Wesham RR	V50
8	00:37:42	560	Murphy	Jonathan	Darwen Running Group	
9	00:37:54	532	Holding	Neil	West Pennine Harriers	V55
10	00:38:06	530	O'Donnell	Danny		V40
11	00:38:11	554	Nailor	John	Red Rose Road Runners	
12	00:39:19	509	Woodhead	David	Pudsey Pacers	V40
13	00:39:29	461	Kirkman	Andrew		V45
14	00:39:51	478	Pinon Shaw	Jose	Red Rose Road Runners	V45
15	00:39:57	435	Chapman	Geoffrey	Eden Runner	V45
16	00:40:18	543	Barltrod	Callum	Lancaster Uni RC	
17	00:40:20	450	Grinbergs	James	Eden Runners	
18	00:40:58	474	Oakey	John	Eden Runner	V40
19	00:41:13	431	Bridge	Karen	Eden Runner	V45
20	00:41:46	453	Hetherington	Ruth	Eden Runner	V40
21	00:41:54	464	Lauder	Bob	Fylde Coast FV	V50
22	00:41:55	463	Land	Andy	Dragons RC SV	V50
23	00:42:38	426	Bell	Mike	Eden Runner	V40
24	00:43:46	443	Dunderdale	James	Clayton-le-Moors Harriers	
25	00:43:53	539	Ahmed	Tariq		V40
26	00:44:07	449	Grinbergs	Kerry	Eden Runner	V35
27	00:44:35	548	Goddard	Ade	Lancaster & I	V40
28	00:44:49	469	McGonigle	Daniel		
29	00:44:55	437	Crawley	Ben		
30	00:44:57	564	Fawler	Alec		
31	00:45:09	547	Goddard	Louise	Lancaster & I	V45
32	00:45:41	504	Walker	Andrew	Eden Runner	V55
33	00:45:45	495	Sugden	Samantha	Eden Runner	V35
34	00:45:49	508	Wear	Mhairi	Eden Runner	V40
35	00:46:04	462	Lambert	Matthew		V45
36	00:46:14	502	Turner	Kate	Eden Runner	V35
37	00:46:54	429	Bentham	Thomas		V40
38	00:47:10	448	Griffiths	Ann	Fylde Coast FV	V55
39	00:47:30	490	Singleton	Amanda	Eden Runner	V45
40	00:47:46	433	Brooke	Tony	Eden Runner	V45
41	00:47:59	500	Tidbury	Wade	Eden Runner	V50
42	00:48:05	476	Parkinson	Alison	Red Rose Road Runners	V50
43	00:48:11	472	Neill	Vicci		
44	00:48:22	534	Tipler	Alan		V45
45	00:48:23	480	Raeburn	Donna	Eden Runner	V40

46	00:48:33	471 Murphy	Graham	
47	00:48:39	550 Greenwood	Gemma	
48	00:49:00	482 Robinson	David	Keswick AC V50
49	00:49:14	545 Myers	Kris	V40
50	00:49:14	451 Hallett	Julie	V40
51	00:49:25	459 Kington	Alexander	Sutton Runners
52	00:49:32	537 Wilde	Steven	Chorley Athl&V60
53	00:49:49	486 Scott	Lucy	Clayton-le-Moors Harriers
54	00:50:20	424 Barnard	Joanna	Walney WincV40
55	00:50:25	455 Jenkinson	Trudi	Blackburn RoV50
56	00:50:47	467 Lowery	Tony	Eden Runner V45
57	00:50:56	479 Purdham	Steven	Eden Runners
58	00:51:06	555 Towe	Ross	
59	00:51:07	493 Storey	Paulette	Dragons RC SV60
60	00:51:09	561 Squires	Caroline	Lancaster Ru V55
61	00:51:20	531 Holden	Brian	Guernsey Isl&V65
62	00:51:47	559 Murphy	Peter	Darwen Runr V55
63	00:51:48	507 Watson	Angela	Eden Runner V35
64	00:52:11	546 Marshall	John	Ilkley Harrier V60
65	00:52:12	458 King	Julia	Eden Runner V60
66	00:52:17	558 Roberts	Sarah	Darwen Dash V45
67	00:52:18	510 Wright	Sarah	Eden Runner V40
68	00:52:19	511 Whitemore	Kevin	Eden Runner V65
69	00:52:21	456 Kent	Viki	V35
70	00:53:25	535 Fullard	Brenda	Blackburn RoV60
71	00:53:32	447 Gaskill	Andrew	Blackburn RoV50
72	00:53:48	492 Spenceley	Tracy	V50
73	00:53:50	549 Burns	Carolyn	Eden Runner V40
74	00:54:05	494 Stuart	Fiona	Eden Runner V45
75	00:54:10	466 Livingston-Br	Katy	Eden Runners
76	00:54:38	536 Farrell	Nicola	V45
77	00:54:46	538 McKay	Stuart	COLT V40
78	00:55:03	481 Ramshaw	Kim	V45
79	00:55:03	491 Smith	Norma	Blackburn RoV70
80	00:55:07	445 Foudy	Mark	Eden Runner V50
81	00:55:13	489 Sison	Gill	Eden Runner V55
82	00:55:15	533 Treloar	Charlotte	Eden Runners
83	00:55:18	438 Day	Steve	V45
84	00:55:18	446 Grant	Shelley	V35
85	00:55:42	562 Kitchin	Nicola	V45
86	00:56:24	484 Rusyn	Linda	Blackburn RoV60
87	00:56:40	444 Foudy	Stephanie	Eden Runner V40
88	00:56:47	540 Patefield	Julia	Garstang RC V50
89	00:57:19	423 Angell	Lesley	V55
90	00:57:21	473 Newman	Eileen	Blackburn RoV60
91	00:57:23	501 Tonkin	Lucy	Eden Runner V40

92	00:57:27	452 Haworth	Madelaine	Blackburn Ro	V60
93	00:57:38	439 Dearden	Linzi	Blackburn Ro	V45
94	00:57:55	442 Douglas	Catherine		V50
95	00:58:09	483 Rushworth	Gillian	Blackburn Ro	V40
96	00:59:33	457 King	Laura	Blackburn Ro	V35
97	00:59:48	556 Roberts	Maureen	Lancaster Ru	V60
98	01:00:03	475 Oakey	Emma	Eden Runner	V45
99	01:00:06	496 Talamonti	Chiara		
100	01:00:08	468 Macrelli	Michele	Lancaster & Morecambe A	
101	01:00:10	440 Dhillon	Gurbaksh	Lancaster Wc	V35
102	01:01:04	470 McKay	Helen		V40
103	01:01:14	487 Shillito	Sharon		V45
104	01:02:08	553 Grundy	Trevor		V70
105	01:02:26	430 Bentley	Nikki	Red Rose Road Runners	
106	01:02:43	460 Kinnard	Laura	Eden Runners	
107	01:03:14	563 Lang	Andrew	Jog Selkirk	
108	01:03:33	505 Waterman	Gillian		V50
109	01:03:55	428 Bentham	Lealey Ann		V45
110	01:05:33	499 Tidbury	Fiona	Eden Runner	V55
111	01:07:20	528 Elkington	Evelyn	Lancaster & IV	V80
112	01:08:22	488 Silson	Shaun	Eden Runner	V55
113	01:09:02	465 Lee	Linda		V55
114	01:09:13	542 Dougill	Michael		V40
115	01:09:13	541 Dougill	Angela		V50
116	01:09:30	427 Bennett	Nicola		V35
117	01:14:40	529 Elkington	Bernard	Red Rose Ro	V80
118	01:15:50	497 Teggart	Lynsey		V40
119	01:20:13	432 Brignall	Matisse		
120	01:20:13	552 Houghton	Mark	Lancaster & IV	V50

Age	Sex	NationName	Sub-Race 1	Sub-Race 2	Sub-Race 3
33	M				
40	M				
22	M				
59	M				
33	M				
50	M				
50	M				
27	M				
57	M				
43	M				
36	M				
42	M				
46	M				
49	M				
48	M				
20	M				
39	M				
44	M				
47	F				
41	F				
54	M				
53	M				
41	M				
36	M				
40	M				
39	F				
41	M				
27	M				
20	M				
18	M				
49	F				
57	M				
36	F				
41	F				
45	M				
39	F				
43	M				
55	F				
47	F				
47	M				
54	M				
50	F				
32	F				
49	M				
40	F				

33 M
34 F
52 M
44 M
44 F
37 M
63 M
31 F
44 F
51 F
49 M
31 M
28 M
62 F
55 F
66 M
58 M
39 F
60 M
64 F
49 F
42 F
68 M
38 F
62 F
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43 F
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28 F
49 F
43 M
47 F
70 F
54 M
57 F
24 F
47 M
37 F
49 F
61 F
42 F
50 F
55 F
63 F
41 F

63 F
46 F
53 F
42 F
36 F
61 F
45 F
28 F
29 F
39 F
44 F
47 F
74 M
29 F
29 F
24 M
53 F
47 F
55 F
80 F
58 M
58 F
43 M
51 F
35 F
80 M
40 F
25 F
53 M