

The Skipton Cup is Back!

Eden Runners Presents a 5k Handicap Race Series
(around Brougham)

All abilities are in the Running to Win!

Race 1: Time Trial	8 th September 2010
Race 2: H'cap Race 1	15 th September 2010
Race 3: H'cap Race 2	29 th September 2010
Race 4: H'cap Race 3	6 th October 2010

Prizes

- Time Trial: prizes to first three finishers Male/Female
- Handicap Race Series : prizes to first three finishers in series
- Personalised mug to all Eden Runner race entries

Information

- Entry free to all Eden Runners, **but I need this form completed and returned by the 8th September!**
- Time trial participation essential for completion of remainder of race series
- The more races you enter the more chance you have of winning.

Please complete a self-portrait in the box to the right in **BLACK INK** together with your first name, nickname below and return to me on a club night or email to david.peacock@capita.co.uk

Name/Nickname:

Surname:



Race rules, route and scoring (to be) on discussion board www.edenrunners.co.uk

All questions please place on discussion board for my attention under the race thread.

Dave Peacock (Race Organiser)