



Eden Runners invite you to the 17th running of this scenic race in the heart of the Lake District

Held under UKA rules, EA permit, distance certified accurate.

SUNDAY 5 MARCH 2017 11.30am

The Haweswater Half follows an out and back course from Bampton Village (9 miles S of Penrith, 4 miles W of Shap) and passes along the shores of Haweswater in a remote and dramatic mountain valley. This hilly course offers an exhilarating run in unique surroundings.

DETAILS

£15.00 UKA affiliated; **£17.00** unattached;
£18.00 on the day (limited numbers)
Closing date 25 February 2017

Enter online at www.BookitZone.com or by filling in the form below.

Send completed entry forms to:

Haweswater Half Marathon, c/o UK Results, 1 Sutton Street, Blackburn, Lancashire. BB2 5ES.
Cheques payable to Eden Runners. Please enclose an A5 SAE with correct postage!

For all other enquiries e-mail Julia: joolsk@sky.com

All competitors will receive one of our unique mugs (with tea and a flapjack!)

Prizes: 1st, 2nd, 3rd Male and Female, 1st V40, V50, V60, V70 Male and Female.

LIMITED PARKING please lift share if you can.

For more information, including directions and accommodation for the race, visit www.edenrunners.co.uk.

See www.edenrunners.co.uk for Junior Race details (entries on the day only)

ENTRY FORM

UKR

NAME: _____

ADDRESS : _____

TEL : _____

E-MAIL: _____

AGE on race day: _____

M/F: _____

UKA REG NO: _____

CLUB: _____

DOB: _____

I hereby declare that I am an amateur according to UK Athletics rules and am 17 years or over. I enter at my own risk and will not hold the organizers or sponsors liable for any damage or injury caused by my participation.

Signed

Date